

The Sheldon Short Guide to Dementia Care (Paperback)



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Reviews

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SPCK Publishing, United Kingdom, 2016. Paperback. Book Condition: New. 190 x 129 mm. Language: English . Brand New Book. This book falls into three sections - living at home, when care needs increase, finding and settling your parent into a care home. Other topics include: * Dealing with the diagnosis: Your parent has been diagnosed - what happens next? What support are they likely to need if they want to stay at home? * Making them safe at home: items to help them cope, such as a pendant alarm, key safe, giving neighbours a set of house keys, informing the neighbours of the situation etc. * Planning for the future: How long can they stay in their own home? * Taking control early: how to apply for Power of Attorney and why it's so important. Support from siblings and others. * Coping as your parent needs more support: What to do when their care needs begin to increase. * Exploring the options: Investigating care homes and other options. * Be good to yourself: Taking care of you. Make time to exercise and eat well and be good to yourself. You're no use to your parent if you don't. * Choosing a care home: what to look for. * If you want to be the carer: Should you consider caring for them yourself? The pros and cons. * Life in a care home: making the adjustment, what to expect.

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