



## The Best Friend s Guide to Breast Cancer: What to Do If Your Bosom Buddy or Loved One Is Diagnosed (Paperback)

By Sonja L Faulkner Ph D

Createspace, United States, 2012. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. Do you know someone with breast cancer? With one in eight women diagnosed in a lifetime, it s a disease likely to touch everyone. When a woman learns she has breast cancer, her friends and family members often feel lost. Unsure what to say or how to help, they frequently disengage just when they are needed most. Until now. The Best Friend s Guide to Breast Cancer: What to Do if Your Bosom Buddy or Loved One is Diagnosed is an inspiring and informative one-stop resource to coach friends and loved ones through this difficult time. Sonja Faulkner and other breast cancer survivors offer insight about the diagnosis, treatment, and recovery phases of an illness, including --what a woman is thinking --what you should say (and not say) to her --suggestions for meaningful acts of kindness --gift ideas Also, medical terminology is explained in layperson s language so that friends and loved ones gain a rudimentary understanding of diagnostic tests, treatment options, and medical maintenance. In addition, a chapter on the healing properties of 13 super cancer-fighting foods, as well as recipes...



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