



## Miss Beechers Housekeeper and Healthkeeper Containing Five Hundred Recipes for Economical and Healthful Cooking Also, Many Directions for Securing Health and Happiness

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By Catharine Esther Beecher

RareBooksClub. Paperback. Book Condition: New. This item is printed on demand. Paperback. 164 pages. Dimensions: 9.7in. x 7.4in. x 0.3in. This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1874 edition. Excerpt: . . . from care and anxiety, and whose minds are mainly occupied by cheerful emotions, are at full liberty to unveil their feelings. It was under such stern and rigorous discipline that the first children in New-England were reared; and the manners and habits of parents are usually to a great extent transmitted to children. Thus it comes to pass that the descendants of the Puritans, now scattered over every part of the nation, are predisposed to conceal the gentler emotions, while their manners are calm, decided, and cold, rather than free and impulsive. Of course, there are very many exceptions to these predominating characteristics. Other causes, to which we may attribute B general want of courtesy in manners, are certain incidental results of our domestic institutions. Our ancestors and their descendants have constantly been combating the aristocratic principle, which would exalt one class of men at...



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