



Paleo Almond Flour Recipes

By Judy A Smith

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Paperback. 36 pages. Dimensions: 11.0in. x 8.5in. x 0.1in. About the Book Starting a new diet is a difficult task, especially when it comes to finding the right recipes. You want to make sure they follow the diet rules, but you also need them to taste great. This book is a unique compilation of recipes using almond flour, while managing to follow the rules of the Paleo Diet. Here, you will discover that these recipes not only taste good, but are relatively simple to make. Your family will not even notice the difference, but yet they will truly enjoy the flavors of these almond flour recipes that satisfy the guidelines of the Paleo Diet. This item ships from La Vergne, TN. Paperback.

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This book is definitely not simple to begin on studying but quite fun to see. I actually have read and that i am sure that i will gonna read through yet again once again in the foreseeable future. It is extremely difficult to leave it before concluding, once you begin to read the book.

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