



Paleo Almond Flour Recipes

By Judy A Smith

CreateSpace Independent Publishing Platform. Paperback.
Book Condition: New. This item is printed on demand.
Paperback. 36 pages. Dimensions: 11.0in. x 8.5in. x 0.1in. About the Book Starting a new diet is a difficult task, especially when it comes to finding the right recipes. You want to make sure they follow the diet rules, but you also need them to taste great. This book is a unique compilation of recipes using almond flour, while managing to follow the rules of the Paleo Diet. Here, you will discover that these recipes not only taste good, but are relatively simple to make. Your family will not even notice the difference, but yet they will truly enjoy the flavors of these almond flour recipes that satisfy the guidelines of the Paleo Diet. This item ships from La Vergne, TN. Paperback.



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Reviews

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